

VIRTUAL INSURANCE OFFICE HOURS + WORKSHOPS



Dates

Times

Wed. Oct. 7	11:00 am - 1:00 pm
Thurs. Oct. 15 **	1:00 pm - 2:00 pm
Mon. Oct. 19	12:00 pm - 2:00 pm
Wed. Oct. 28 **	9:00 am - 10:00 am

**** Workshops:** presentation + Q&A

Office hours: free period to ask questions

OPPORTUNITIES TO:

- Learn about your Cigna insurance options
- Understand the difference between the Network, HSA and HRA medical plans
- Learn cost effective ways to manage your health

Note: This does not replace the process of calling Cigna Customer Service (1-800-244-6224) for services such as claims, billing, & provider questions

Join WebEx Meeting from PC or Mobile

Enter your name & email and click Join

<https://cigna.webex.com/meet/devan.gengler>

Meeting Number: 717 386 539

Join by phone

+1 314-888-1153 United States Toll

866-205-5379 United States Toll Free

Access code: 717 386 539

Cigna Well-Being Coordinator

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